

Internal Medicine Residency Program – 2025–2026 Application Cycle

Maimonides Medical Center

How to Apply

Application Overview

- All applications must be submitted through ERAS (Electronic Residency Application Service).
 - Applications received via email or outside of ERAS will not be reviewed.
 - All PGY-1 positions are filled through the **National Resident Matching Program (NRMP)**.
 - **We do not offer pre-match positions.**
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Application Timeline

Due to high volume, our review process may extend beyond other programs. Thank you for your patience.

Milestone	Date
ERAS application deadline	November 1, 2025 <i>(approximate)</i>
Interview invitations sent by	December 15, 2025 <i>(in rolling batches)</i>

Application Requirements

Your ERAS application must include:

- MSPE (Dean's Letter)
- Medical school transcript(s)
- USMLE/COMLEX transcript
- **Three (3) letters of recommendation** (one Department of Medicine letter preferred)
- Personal statement
- Curriculum Vitae (CV)

****We continue to participate in the ERAS Program Signaling Process.**

Program Tracks & NRMP Codes

We offer multiple tracks within Internal Medicine. Please review carefully and apply only to the track(s) that align with your goals.

Track	Description	NRMP Code	Positions
Categorical	3-year Internal Medicine training	1428140C0	28–29
Categorical (ROAP)	3-year track with accommodations for recurring weekly religious observance	1428140C1	2
Preliminary	1-year internship before entering another specialty	1428140P0	5

**If you apply to multiple tracks, we may contact you for clarification.

About the ROAP Track: Religious Observance Accommodation Program (ROAP)

The Internal Medicine Residency Program offers a Religious Observance Accommodation Program (ROAP) 3-year Categorical track. This program provides scheduling accommodations for individuals observing a recurring weekly religious obligation.

ROAP-track residents will complete all of the same rotations as residents not in the ROAP track. Schedules for those residents in the ROAP track may be different but are equivalent to those in the non-ROAP track. Accordingly, it is important to note that participation in ROAP does not provide accommodations for every religious holiday. The Internal Medicine Residency Program will make every effort to accommodate religious holidays for ROAP-track residents but there may be limited circumstances where the resident may be scheduled during a religious holiday. If a ROAP-track resident is scheduled during a religious observance, it is the resident's discretion whether to work or use any available paid time off.

Please note that ROAP only provides scheduling accommodations for religious obligations. It does not provide any additional paid time off entitlements. All residents should refer to the Collective Bargaining Agreement between Maimonides and Committee of Interns and Residents/SEIU for their paid time off benefits.

The program is structured to comply with ABIM (American Board of Internal Medicine) guidelines on time away from training, ensuring that residents meet the necessary training requirements outlined by ACGME (Accreditation Council for Graduate Medical Education). This ensures that participants remain eligible to sit for the boards while fulfilling both their professional and religious commitments.

Program Requirements

- **Visas:** We sponsor both **H1B** and **J1** visas (not guaranteed).
 - H1B applicants must have **passed USMLE Step 3** by the NRMP Rank Order List deadline.
- **USMLE/COMLEX Scores:** While there is no strict minimum score requirement, the number of attempts to achieve a passing grade is taken into consideration.

- **Medical School Graduation:**
 - Preference for graduates within the past 3 years
 - Gap greater than 3 years must show **recent and relevant clinical experience**
- **U.S. Clinical Experience:** Not required, but **strongly preferred**
- **Track Selection:**
 - Candidates **must apply to only one** of the following:
 - Categorical or Categorical ROAP
 - Preliminary
 - Applications to both Categorical and Preliminary tracks from the same applicant will not be considered

Interview Day Format

All interviews will be conducted **virtually** in line with national guidelines.

Interview day typically includes:

- Program overview by the **Program Director**
- Welcome from the **Chair of Medicine**
- **Two one-on-one interviews** (faculty member and current resident, chief resident, or fellow)
- **Brief meeting** with the Program Director or designee
- **Interactive group session** with current residents

In partnership with peer institutions, **we will not offer in-person second looks** for the 2025–2026 season. This aims to reduce financial and logistical burdens on applicants.

Communication Policy

- All correspondence should occur **through ERAS only**
- Inquiries sent outside ERAS will **not be addressed**

Equal Opportunity Statement

Maimonides Medical Center adheres to all local, state, and federal laws prohibiting discrimination in employment. Discrimination based on **race, color, creed, national origin, sex, age, disability, marital status, or sexual orientation** is not tolerated.

Program Information

- **Program Name:** Maimonides Medical Center – Internal Medicine Residency
- **ACGME Program ID:** 1403511283
- **NRMP Match Participation:** Yes
- **ERAS Participation:** Yes

If you have any questions about the application process, we encourage you to consult the **ERAS applicant portal** or reach out via ERAS messaging.

We look forward to reviewing your application!