

How to Apply

All applications are accepted only through the Electronic Residency Application Service (ERAS) and are then reviewed by our Selection Committee. Any communication to the program outside of the ERAS will not be addressed. The Internal Medicine Residency positions are offered through National Resident Matching Program (NRMP) only.

2024-2025 Application Process:

To Our Prospective Applicants,

We wish to inform you that our Internal Medicine Residency Program will be participating in the ERAS program signaling process as we indicated on ERAS.

The review of your application and the scheduling of interviews requires a completed ERAS application, including the following components:

- ☐ Medical Student Performance Evaluation (MSPE – Dean's Letter)
- ☐ Medical school transcript(s)
- ☐ USMLE/COMLEX transcripts
- ☐ Three (3) letters of recommendation (at least one of which should be from a department of medicine)
- ☐ Personal statement
- ☐ Curriculum Vitae

The approximate deadline for applications is November 1st, 2025.

Because of the number of applications and the review process, our screening process can run later than other programs with approximate deadline to extend invitations by Dec 15, 2024. Please note, we might send invitations in batches.

In line with recommendations from the Alliance for Academic Internal Medicine (AAIM), the Maimonides Medical Center Internal Medicine Residency Program will no longer participate in the post-interview communication with applicants or second looks. This change is intended to foster a fair, equitable, and transparent process. While we have valued our history of open communication, we recognize that post-interview correspondence may inadvertently create undue stress or misinterpretations regarding an applicant's standing. We encourage applicants to communicate via ERAS.

Maimonides Medical Center complies with federal and city laws and orders prohibiting discrimination in employment. Such discrimination includes race, creed, color, national origin, sex, age, handicap, marital status or sexual orientation.

Applying to Multiple Programs:

With multiple tracks available within the Internal Medicine Residency program, we encourage applicants to explore the different opportunities available and apply to the program(s) that best match their interests. ACGME Program ID: 1403511283

- The Categorical Track is a 3-year program in Internal Medicine with approximately 28-29 positions available. The number of positions can vary if we have any NRMP deferrals from prior years.
- The Categorical ROAP program is a 3-year program reserved for candidates with religious obligations with 2 positions available. The unmatched positions from this program will be added to the Categorical Program.
- The Preliminary track is for all other applicants looking to complete an intern year in medicine before moving on to other specialties. We have approximately 5 positions available in this track. If you have mistakenly applied in all programs, we might contact you for clarification.

ROAP Description: The Internal Medicine Residency Program offers a Religious Observance Accommodation Program (ROAP) 3-year Categorical track. This program provides scheduling accommodations for individuals observing a recurring weekly religious obligation.

ROAP-track residents will complete all of the same rotations as residents not in the ROAP track. Schedules for those residents in the ROAP track may be different but are equivalent to those in the non-ROAP track. Accordingly, it is important to note that participation in ROAP does not provide accommodations for every religious holiday. The Internal Medicine Residency Program will make every effort to accommodate religious holidays for ROAP-track residents but there may be limited circumstances where the resident may be scheduled during a religious holiday. If a ROAP-track resident is scheduled during a religious observance, it is the resident's discretion whether to work or use any available paid time off.

Please note that ROAP only provides scheduling accommodations for religious obligations. It does not provide any additional paid time off entitlements. All residents should refer to the Collective Bargaining Agreement between Maimonides and Committee of Interns and Residents/SEIU for their paid time off benefits.

The program is structured to comply with ABIM (American Board of Internal Medicine) guidelines on time away from training, ensuring that residents meet the necessary training requirements outlined by ACGME (Accreditation Council for Graduate Medical Education). This ensures that participants remain eligible to sit for the boards while fulfilling both their professional and religious commitments.

Interviews and Match:

Selection for an interview is based on a number of factors, including academic and clinical performance. All PL-1 positions for the program are selected through the National Residency Matching Program (NRMP). We do NOT offer pre-match positions.

The Internal Medicine NRMP numbers for match participation are:

- NRMP # 1428140C0 Categorical Track
- NRMP # 1428140C1 Categorical Track ROAP pathway (Religious Observance Accommodation Program)
- NRMP # 1428140P0 Preliminary Track

Program Requirements

- We sponsor H1B and J1 visas if necessary. No visa type is guaranteed. For H1B Visas, we require proof of passing Step 3 by the NRMP Rank Order List due date to ensure that an H1B visa can be issued in time for a July 1 start date.

- We do not have strict minimum USMLE/COMLEX score requirements; however, we do consider both scores and number of attempts.
- For international graduates, we do not require U.S. clinical experience, but it is strongly favored.
- We prefer candidates who have graduated from medical school within the last three years, but can consider more than three years from date of graduation with commensurate clinical experience in the intervening time.
- Applicants must designate their interest in either the Preliminary or the Categorical Internal Medicine Program, as we do not accept applications to both programs from the same candidate.

Interview Day In adherence with national standards, all interview days will be held virtually this season. The interview session typically includes presentations from the Program Director as well as a greeting from the Chair of Medicine. Each candidate will interview with a faculty member and with a current resident, chief resident or a fellow. Applicants might have allocated time to meet briefly with the Program Director. Finally, there will be an interactive group session with our current residents, so that candidates can learn more about our residents' experiences at Maimonides.