



**Navjot Somal, MD**  
Residency Program Director, Department of Medicine

Dear Applicant,

Thank you for your interest in the Internal Medicine Residency Program at Maimonides Medical Center in beautiful Brooklyn, New York. We take great pride in the comprehensive training we provide to our residents, whether they are enrolled in our three-year Categorical Medicine Program or our one-year Preliminary Medicine Program.

As one of the largest independent teaching hospitals in the nation, Maimonides is a prominent urban community academic medical center with a long-standing tradition of excellence in clinical care, education, and research. Our residents benefit from extensive exposure to a diverse patient population, equipping them with the experience and confidence to manage a wide array of internal medicine cases.

Situated in the vibrant and diverse borough of Brooklyn, Maimonides serves a patient demographic that includes a significant immigrant population. More than 50% of our adult patients are from outside the United States, providing our residents with invaluable experience in managing a variety of diseases across different cultural and economic backgrounds. Additionally, Maimonides boasts outstanding cardiology, neurology, obstetrics, and surgical services, allowing our residents to learn from exceptional clinicians across multiple disciplines.

Our dedicated and talented faculty in academic internal medicine prioritize teaching and mentoring over 100 residents. You will forge strong relationships with faculty members who will guide you throughout your residency. Our innovative 4+1 schedule facilitates focused learning in both inpatient and outpatient settings, while our robust curriculum and comprehensive research support infrastructure enhance your educational experience. Our state-of-the-art simulation lab further enriches your training.

Training at Maimonides also affords you the opportunity to live and work in Brooklyn, a dynamic and exciting location. The borough offers an unparalleled food scene, beautiful parks, accessible beaches, and a lifestyle that is both enriching and enjoyable.

While Maimonides and Brooklyn provide numerous advantages, the true essence of our Internal Medicine Residency Program lies in the people. The Maimonides community is warm and inclusive, fostering a strong sense of belonging among residents. Our faculty and program leadership are committed to creating a nurturing environment in which residents can thrive both academically and emotionally.

Year after year, our residents successfully match into competitive fellowships or secure excellent positions in hospital medicine and primary care. Alumni consistently express satisfaction with their education and preparedness for their professional pursuits, often sharing how much they miss Maimonides.

I wish you the very best in your search for residency training, and I look forward to meeting you during the interview process.

All the best,

**Navjot Somal, MD, FACP**  
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