

Dear Applicant,

Thank you so much for your interest in the Internal Medicine Residency Program at Maimonides Medical

Center, here in beautiful Brooklyn, New York. We are exceedingly proud of the experience we provide our trainees, whether they are here for three years in our core Categorical Medicine Program or for one year in our Preliminary Medicine Program. Maimonides is a large urban community academic medical center with a long tradition of excellence in clinical care, education, and research. Our residents get comprehensive exposure to an incredibly diverse patient population, graduating with experience and comfort handling almost any imaginable internal medicine patient care situation.

Maimonides Medical Center is one of the largest independent teaching hospitals in the nation and as such offers tremendous resources to our many trainees. Nestled in the center of the incredibly diverse and vibrant borough of Brooklyn, it serves patients from all walks of life, including a large immigrant population. Indeed, more than 50% of the adult patients admitted to Maimonides were born outside the U.S. This allows our residents to develop deep experience in managing patients with a vast array of diseases, cultural backgrounds, and economic means. Additionally, Maimonides has superb cardiology, neurology, obstetric, and surgical services, attracting patients from all over the region and offering our residents the opportunity to work alongside and learn from superb clinicians in many disciplines.

Our enthusiastic and talented academic internal medicine faculty here at Maimonides focus attentively on teaching and supporting our 107 residents. You will form close bonds with those faculty, who will serve as mentors through your residency journey. Our 4+1 schedule allows you to stay focused on the setting in which you are learning and to obtain outstanding and balanced training in both inpatient and outpatient medicine. We offer a unique and robust curriculum, with several innovative programs, a comprehensive research support infrastructure for residents, and our state-of-the-art simulation lab.

Of course, training here at Maimonides means you will have the joy of spending a year or three in Brooklyn, an amazingly exciting place to live and work. Beyond its diverse population and its many varied and distinctive neighborhoods, Brooklyn offers an unparalleled food scene; beautiful city parks, an easily accessible beach, and a lifestyle that will make you wonder why you would ever want to be anywhere else!

Despite all that Maimonides and Brooklyn have to offer, I firmly believe that what makes our Internal Medicine Residency Program the most special is the people. The Maimo family is warm and inclusive and the residents have a strong sense of belonging and of community. They feel supported by their colleagues, the faculty, and the program leadership, who strive day in and day out to create a nurturing environment within which our residents can thrive, both academically and emotionally.

Year after year, our residents match in competitive fellowships of their choice or secure excellent jobs in either hospital medicine or primary care. I know that our residents graduate from this program genuinely satisfied with their education and ready to take on whatever challenges a career in medicine presents. How do I know this? Because whenever I hear from alumni, they invariably tell me how well prepared they feel for whatever they have chosen to do professionally. Almost more importantly to me, they also always mention how much they miss Maimonides.

I wish you all the best in your search for residency training and look forward to meeting you along your interview journey.

All the best,

Navjot Somal, MD, FACP
Program Director