Psychiatry
ACGME Accredited Residency Program
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MEDICAL EDUCATION AT MAIMONIDES

Welcome to the Psychiatry Residency Program at Maimonides Medical Center. Maimonides is a nonprofit, independent academic institution dedicated to the core value that the needs of our diverse patients come first. Maimonides provides treatment to many regions of Brooklyn.

With 24 fully accredited residency and fellowship programs, over 400 residents, 300 full-time faculty, 550 voluntary attending physicians, 4,500 employees and 700 inpatient beds, Maimonides is one of the largest independent academic medical centers in the country.

Medical education is continuously evolving. With a history of education that stretches over 100 years, Maimonides is proud of our achievements, while remaining aware that we cannot rest on our laurels if we are to stay at the forefront of medical education.

We strive to ensure that our programs exceed all institutional, common program and specialty requirements endorsed by the Accreditation Council for Graduate Medical Education.

We provide the financial, organizational and educational resources necessary to ensure that all programs deliver outstanding guidance and supervision of residents and facilitate the ethical, professional and personal development of every resident. We are also committed to promoting patient safety and resident well-being.

Excellence in patient care is our highest priority and inseparable from the resident educational experience. At Maimonides, we serve a large and diverse population, which enables our residents to gain extensive experience in all psychiatric specialties.

Our role as educators is to instill residents with those traits that are essential to success, including honesty, integrity, objectivity, self-motivation, curiosity, compassion and a sense of responsibility.

At Maimonides, we invite you to take these important steps in your training experience with us. We offer you an opportunity to learn in an environment that encourages professional and personal growth and equips you to become an expert psychiatrist. We encourage you to learn more about our residency training program by asking questions and discussing the program with our faculty members, current residents or recent graduates.

Many of our residents stay on as attending psychiatrists in the department or return to Maimonides after fellowship, a tradition that we are very proud of!

PROGRAM LEADERSHIP

Abraham M. Taub, DO Chair

Anetta Raysin, DO Program Director

Sophia Mikityanskiy, DO Associate Program Director

Apiyo Osanya Residency Program Coordinator
WHAT SETS US APART

We strive to prioritize wellness in every way possible in our psychiatry residency program at Maimonides. The journey to becoming a physician is a long and intensive one but what makes the long hours less stressful is being around people whose company you enjoy during and after work hours.

Our residents and faculty come from all walks of life and experiences and work closely together to create a supportive learning environment that provides a foundation for our residents to become knowledgeable, well rounded and compassionate psychiatrists. We go to great lengths to select candidates who fit the warm, friendly, passionate, and professional culture of the program.

Our location in Brooklyn provides trainees a unique experience to work with a diverse patient population as patients from all parts of Brooklyn and NYC seek care at Maimonides. Working in Borough Park allows residents to get the unique opportunity to work with patients who immigrated from Asia, Latin America, Middle East and Eastern Europe as well as patients who identify as part of the Orthodox Jewish Community.

Additionally, all our rotations are conveniently located on one site.

Each part of Brooklyn is unique in its own way, which allows residents the opportunity to be only a train ride away from exploring and experiencing NYC’s rich history, culture, food, art, and nightlife in their free time.

““The work-life balance at our program should be emblematized, as it provides me the space to explore NYC and learn from a culturally-rich psychiatric community.”

– Liad Maslaton, MD (Class of 2024)”

CARING FOR SERVING CARING FOR BROOKLYN’S DIVERSE COMMUNITIES FOR OVER 100 YEARS

Maimonides was founded in 1911 as the New Utrecht Dispensary in the rural settlement of Brooklyn.

Brooklyn would eventually become New York City’s largest borough and, with a population of over 2.6 million people, one of the largest and most vibrant cities in America. Our primary service area is southern Brooklyn, including Borough Park, Bensonhurst, Bay Ridge, Dyker Heights, Brighton Beach, Sunset Park and more.

Nearly 50 percent of residents in the communities we serve are foreign-born, so cultural sensitivity is vital when addressing the broad range of healthcare needs of our patient population. To encourage effective cross-cultural communication, we have long focused on hiring physicians, nurses and clerical staff that possess a variety of linguistic skills and come from diverse cultural backgrounds. We use the same diligence when considering applicants to our medical education programs.
PSYCHIATRY RESIDENCY AT A GLANCE

The Psychiatry Residency at Maimonides is fully accredited by the Accreditation Council of Graduate Medical Education (ACGME). Our four-year program provides a comprehensive psychiatric education for residents through the National Resident Matching Program (NRMP).

Program Goals

In keeping with the mission of Maimonides Medical Center, the Department of Psychiatry fosters an environment of public service and leadership. Despite its large size, Maimonides maintains a community feel that allows all its members, including residents, to participate in its mission.

- Current, dynamic and evidence-based
- Educational environment
- Balanced exposure to the required educational and clinical experiences needed to develop the expertise of an independent practitioner
- Mentorship and leadership to develop residents’ professional identity
- Training in teamwork to develop the critical communication skills to succeed in the future
- Research and scholarship opportunities for all residents.
- Simulation experiences for management of agitation.
- An understanding of the social determinants of health and disparities of our patients, and ways to address these factors

“I couldn’t be happier to be in a program that offers an abundance of clinical experiences while simultaneously providing resident support and ensuring our well-being is prioritized.

– Christine DeCaire, MD (Class of 2025)
RESIDENCY CURRICULUM

The Psychiatry Residency Program at Maimonides Medical Center provides education in general psychiatry and subspecialties including inpatient, outpatient, emergency, child and adolescent, addiction, forensic, consult liaison, and public psychiatry. Curriculum is updated continuously to include such topics as addressing racism and diversity via psychiatry and working with LGBTQIA populations. All required rotations are located at Maimonides Medical Center. Fourth-year elective rotations are available throughout the Greater NY area with selected opportunities available nationwide and internationally.

In addition to formal didactics, residents participate in weekly Grand Rounds led by guest lecturers and PGY-4 residents. They also have the opportunity to learn by leading less-formal Friday Talks on special interests relevant to psychiatry and mental health.

**Year 1 (PGY-1)**

First-year residents are supervised directly by faculty of the Department of Psychiatry with additional mentorship provided by senior residents.

Thursday afternoons are protected time for didactics.

PGY-1 rotations include:
- Inpatient Psychiatry (4 months)
- Emergency Psychiatry (1 month)
- Emergency Psychiatry Night Float (1 month)
- Neurology (2 months)
- Primary Care (1 month)
- Emergency Medicine (1 month)
- Internal Medicine (1-2 months)
- Pediatrics (0-1 month)

Residents can expect to manage up to eight patients concurrently during acute care months and will practice psychiatric evaluations, DSM-V diagnosis, management and treatment planning of a wide variety of psychiatric cases.

**Year 2 (PGY-2)**

During the second year, psychiatry residents increase their exposure to psychiatric subspecialties.

PGY-2 rotations include:
- Inpatient Psychiatry (4 months)
- Child and Adolescent Psychiatry (1 month)
- Consultation Liaison Psychiatry (2 months)
- Emergency Psychiatry (3 months)
- Emergency Psychiatry Night Float (1 month)
- Float/Scholarly Activity (1 month)

Residents continue to be supervised by attending psychiatrists but are offered increasing independence and autonomy, with additional emphasis on coordination of care ongoing management of complicated cases. One month of float/research time provides residents the opportunity to pursue research interests and other projects. Experience in several psychiatric subspecialties allows residents to explore and prepare for fellowship applications.

Tuesday afternoons are protected time for didactics.

### Psychiatry Rotation Schedule

<table>
<thead>
<tr>
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<th>PGY-2</th>
<th>PGY-3</th>
<th>PGY-4</th>
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<tr>
<td>Neurology 2 Months</td>
<td>Inpatient Psychiatry 4 Months</td>
<td>Night float (covering Acute care Psychiatry) 0.5 Month</td>
<td>Assertive Community Treatment (ACT) 1 Month</td>
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<tr>
<td>Outpatient Medicine 1 Month</td>
<td>Consultation-Liaison Psychiatry 2 Months</td>
<td>Inpatient Psychiatry Junior Attending 3 Months</td>
<td>Inpatient Psychiatry Junior Attending 3 Months</td>
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<tr>
<td>Emergency Medicine 1 Month</td>
<td>Float/Scholarly Activity 1 Month</td>
<td>Child &amp; Adolescent Psychiatry 1 Month</td>
<td>Electives 4 Months</td>
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<tr>
<td>Inpatient Medicine and/or Inpatient Pediatrics 2 Months</td>
<td>Emergency Psychiatry Night Float 1 Month</td>
<td>Emergency Psychiatry Night Float 1 Month</td>
<td>Emergency Psychiatry Junior Attending 2 Months</td>
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<tr>
<td>Inpatient Psychiatry 4 Months</td>
<td>Emergency Psychiatry 1 Month</td>
<td>Emergency Psychiatry 3 Months</td>
<td>Consultation-Liaison Psychiatry 1 Month</td>
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<tr>
<td>Emergency Psychiatry Night Float 1 Month</td>
<td>Emergency Psychiatry Night Float 1 Month</td>
<td>Outpatient Psychiatry 11.5 Months</td>
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Year 3 (PGY-3)

Third-year residents focus their attention on outpatient psychiatry. Residents manage adult, child, adolescent, and geriatric cases with emphasis on both medication management and psychotherapy. Residents also complete intakes as part of our Rapid Access Clinic.

Residents receive specific supervision in:
- Addiction Psychiatry
- Child and Adolescent Therapy
- Adult Psychotherapy
- Geriatric Psychiatry
- Medication Management

They care for a number of patients who are part of our Wellness Recovery Program, for patients with chronic or persistent mental illness, run group psychotherapy sessions and involved in weekly team meetings to coordinate care for these patients.

Tuesday afternoons remain protected time for didactics.

Year 4 (PGY-4)

Residents in the fourth post-graduate year retain several of their adult and child patients throughout the year while simultaneously gaining exposure to elective rotations, and returning to other services in a supervisory, junior attending role.

PGY-4 residents also have the ability to act as one of several Chief Residents.

PGY-4 rotations include:
- Assertive Community Treatment (1 month)
- Inpatient Psychiatry (3 months)
- Emergency Psychiatry (2 months)
- Child and Adolescent Psychiatry (1 month)
- Consultation Liaison (1 month)
- Electives (4 months) which have included the following options:
  - Integrated Care/Population Health
  - Neurology Movement Disorders Clinic
  - Geriatric Psychiatry
  - Research
  - psychooncology
  - Telepsychiatry through Northwell
  - Correctional Psychiatry at Rikers Island
  - Callen Lorde LGBTQ+ Mental Health
  - Asylum Evaluations
  - Psychooncology at Memorial Sloan Kettering
  - Technology and Psychiatry at Harvard
  - Global Mental Health
  - Elective at ABC News
  - Neurology-Movement Disorders Clinic

Didactics

Our program complements clinical learning at the bedside with a robust set of didactics. Each PGY year has protected time for one afternoon per week. During this protected time residents are off clinical services and their patients are covered by the attending or a senior resident. We are committed to adult learning and know that watching an hour-long PowerPoint presentation is not conducive to improving our knowledge or skill, therefore we make sure to incorporate interactive ways of teaching—from case vignettes and multiple choice questions, to pair-and-share, flipped classrooms, and anonymous polling systems online.

We have a dedicated Didactics and Research Chief Resident and a dedicated faculty in the training office who work primarily in curriculum development. Feedback is an important component of our continuous improvement process, and we collect and implement suggestions from residents in real time.

The content of our didactics follows a longitudinal and developmentally appropriate model in a unified vision. For example psychopharmacology for PGY-1s includes the bread-and-butter of inpatient and ER medication management; PGY-2 gets more sophisticated by looking at severe and treatment-resistant illness, drug-drug interactions, polypharmacy and so on. At the PGY-3 level we focus primarily on outpatient medication management tackling issues like cross-titration schedules and medication non-adherence in the community. Last,
but not least, the PGY-4 course focuses on APA practice guidelines and FDA regulations, in preparation for independent practice and board exams.

Each major area is tailored and adapted in a similar way—from skills like interviewing, to all subspecialty areas (Geriatrics, Child, CL, Forensic, Addiction etc.), the different psychotherapeutic modalities (CBT, DBT, motivational interviewing, IPT, psychodynamic) to special interests like medical topics in classical literature. Our didactics offer a comprehensive array of information critical to becoming a well-rounded psychiatrist.

Chief Residents
Several fourth-year residents are selected to serve as chief residents. Needs vary year-to-year but typically one chief would be responsible for each of the following:

- Acute Care
- Outpatient Services
- Didactics and Research
- Wellness

Chiefs are responsible for organizing the day-to-day operations of their respective services including call schedules and educational activities. They also serve as resources and support to other residents including interfacing with psychiatry leadership and leadership in other departments.

RESEARCH AND SCHOLARLY ACTIVITY

The healthcare system has been in continuous change throughout the years, with new developments coming up seemingly on a daily basis. The field of psychiatry, even more so than others, has transformed in the last decade to include evidence-based medicine at a different level. In addition, the challenges posed by the limited and unequal access to quality mental health care for all, make it such that the psychiatrist practicing in today’s world has to be more than a prescriber of medications or therapist.

For this reason, each resident must be involved in at least one research project during their residency. We value and respect protected time for scholarly inquiry and support our residents to pursue a variety of projects throughout their training. Starting from PGY-1 year we have a curriculum covering the basics of research and quality improvement, as well as a small group project (like a literature review or case report). PGY-2s have two weeks of elective time to work on their projects, as well as an afternoon a month, longitudinally. PGY-3s have control over their schedules and can block time as needed, in addition to the same monthly afternoon, and PGY-4s have ample protected time, including an elective research month.

Depending on the resident’s area of interest, some choose more research-focused projects, including working on clinical trials within our department, while others choose more of a quality improvement lens—working on processes both inside the department and inter-departmental to address a wide range of issues from access to care to preventing staff burnout.

Several residents have applied for and obtained grant funding for their projects (i.e. biological markers for schizophrenia $25,000 grant from the Research Foundation; Trauma informed CBT for Hispanic adolescents $25,000 grant from SAMHSA), and been awarded national and international recognition (World Psychiatric Association Fellowship for Anti Human Trafficking work). The Department has a dedicated Director of Research, as well as a Didactics and Research Chief Resident and a faculty member who works exclusively on supporting the residents in research and curriculum.
Residents are encouraged to submit abstracts for oral presentation and poster presentation at local, regional and national meetings. The Department fully supports residents financially in these activities.

**Prader-Willi Syndrome Clinical Trials**
The Department of Psychiatry at Maimonides Medical Center prides itself in being one of the few clinics in the country that specializes in the management of patients with Prader-Willi Syndrome. As Principal Investigator, Dr. Deepan Singh has multiple ongoing clinical trials working on novel treatment strategies for this rare condition. Residents will have the opportunity to work with this vulnerable population by contributing to studies of varying intensity and involvement based on their interest.

**Anti-Human Trafficking Project**
The Anti-Human Trafficking Project was started in 2019 as a way to screen, identify and provide resources for victims of human trafficking. Given the location of Maimonides Medical Center—at the intersection between multiple marginalized communities, we saw a few patients in our emergency room that seemed to have some red flags for trafficking. We wanted to educate ourselves and other trainees on this grave issue. We got ourselves trained at the “MGH train the trainer anti-human trafficking” convention in Boston, Massachusetts, and subsequently trained all residents in our program. Our protocol is unique because if a patient in the ER is suspected to be trafficked, a psychiatry consult is placed, and the psych on-call team assesses the patient and helps provide resources. We have also created our own screening tool to screen for victims that have multiple red flags. Our team has also been working very closely interdepartmentally with the department of emergency medicine and social work. Our goal is to eventually tailor our screening tool so that it is more sensitive to the demographic of victims coming into the ER. We have four wings as part of our team- 1) education of providers, both inter and intra-hospital, 2) Data collection of patients who screen high for red flags, 3) collaboration with emergency medicine, 4) advocacy by collaborating with not for profit organizations and organizing events to spread awareness about human trafficking.

**George A. Degenshein, MD Memorial Library**
The Library’s extensive collection includes over 7,000 electronic journals, more than 10,000 combined print and electronic books, and CD-ROMs. The scope of these resources includes all medical specialties, nursing, dentistry, allied health, the basic sciences, healthcare administration and consumer health. The Library also features a multimedia room equipped with computers, a scanner and audiovisual hardware. Health sciences literature and information worldwide is available on the Library’s Intranet website, which provides access to key bibliographic and knowledge-based full-text databases.
RESIDENT WELL-BEING

Maimonides Medical Center has a multifaceted approach to wellness. Our hospital-wide wellness committee seeks to improve the health and wellness of all employees. Lead by the Director of Employee Health Services, the committee focuses on nutrition, activity, support and resilience. We offer onsite Yoga and Zumba® classes, Weight Watchers® and a walking club, including a team-based walking contest. Heart-healthy food is available in the cafeteria at steeply discounted prices.

To help support healthy breaks for residents, the Department of Academic Affairs offers nutritious snacks, adult coloring books, puzzles and games, and outdoor green space for relaxation.

Residents have access to an employee assistance program (EAP) for 24/7 mental health support through their union. A psychologist who works exclusively for Academic Affairs is available to support the mental wellness of residents and fellows. Sessions are free and confidential.

The dedicated psychologist co-leads the Resident Wellness Committee and runs Stress Management and Resiliency Training for Residents (SMART-R) sessions, group sessions, mentorship training sessions, fatigue management sessions and suicide awareness sessions.

Two other wellness faculty also focus on group dynamics, feedback and wellness. One is a family systems therapist. The other is embedded on the units and provides an Eastern/holistic approach to wellness and communications that supports handoffs and work/life balance.

We offer onsite support for any issues that may impact the residency experience, including wellness and mental health, communication or relationship conflicts, exam difficulties, organizational skills and any other residency-related stressors. Individual counseling sessions are available as frequently as needed. We can also provide referrals to outside therapists or psychiatrists.
OUR COMMITMENT TO DIVERSITY AND EQUITY

Maimonides Medical Center is located in one of the most racially and ethnically diverse areas in New York City. We understand and respect the cultural needs and customs of our community. We strive to ensure that our healthcare teams reflect the population we serve by recruiting healthcare professionals from diverse cultural, linguistic, and ethnic backgrounds, and over 70 languages are represented among our staff members! We believe that by creating a respectful and inclusive work environment we can recruit and retain diversity in our trainees. We strive to recruit applicants to our psychiatry residency program who share our aim of delivering exceptional, holistic, and culturally competent health care to an enormously diverse patient population. To support that work, we focus on:

- Inclusivity in recruitment and structure of selection committees
- Implementing educational programs that provide skills in cross-cultural communication with a multi-ethnic patient population
- Enhancing new-hire training to combat bias with anti- and implicit bias education
- Developing policies and procedures to ensure our values of inclusivity and respect are known, followed and upheld

Our residents also participated in the numerous global health opportunities available at the:

Maimonides Medical Center Global Health Institute

Aims to eliminate healthcare disparities and deliver culturally sensitive health care by delivering sustainable community-driven programs helping underserved and vulnerable populations globally and provide educational, clinical, and elective opportunities for trainees interested in global health

We strive for opportunities to empower our residents to be leaders and drivers of impactful change. Our residents have founded and participated in:

**The Anti-Racism Taskforce**

To tackle and address systemic issues to promote diversity, equity, and inclusion by championing projects and policies centered on underserved & minority patients, communities, & applicants

**LGBTQ Mental Health Clinic**

Maimonides Medical Center’s first mental health clinic for patients from the LGBTQ community that aims to create an affirming clinical environment for sexual and gender minorities

**LGBTQ+ Committee and Queer Luncheon**

Organizes events and activities that provide a safe space for residents to explore and discuss important issues pertinent to the LGBTQ+ community in psychiatry

**Women’s Mental Health Clinic**

Maimonides Medical Center’s first mental health clinic specializing in reproductive and perinatal psychiatry aiming to address the unique mental health needs of women by delivering holistic and evidence-based care
HOW TO APPLY

The Department of Psychiatry participates in the National Resident Matching Program (NRMP). We welcome your application to the MMC Psychiatry Residency Training Program (ACGME ID# 4003521143.) All applications should be transmitted through the ERAS matching system at www.aamc.org/eras this fall. Complete details and timelines for individual programs are available on the ERAS website.

Applicants to the residency program must submit the following:

1. ERAS application
2. The following supporting materials are submitted through ERAS:
   - Medical Student Performance Evaluation (Dean’s Letter or equivalent)
   - Medical school transcript
   - Three (3) letters of recommendation (2 Psychiatry letters are preferred)
   - USMLE/COMLEX transcripts
   - ECFMG status report, If applicable
   - ECFMG certificate if IMG
   - Personal statement
   - Citizenship/Visa type (Both J1 visas and a limited number of H1 visas are accepted. A passing step 3 result is required by match day for the possibility of an H1 visa)

Important Dates for 2021-2022

- Application submission begins on September 1st, 2021.
- We will accept applications from September 15th through December 31st
- We will conduct interviews in November, December, and January.
- MATCH DAY March 18th
PSYCHIATRY RESIDENCY RECENT ALUMNI

Class of 2021
Dr. Maria Abramov- Columbia University, NY- Geriatric Psychiatry Fellowship
Dr. Colter Boita- Maimonides Medical Center, NY- Attending Psychiatrist
Dr. Patria Gerardo Arroyo- Rutgers University, NJ- Forensic Psychiatry Fellowship
Dr. Alhasan Ghazzawi- Columbia University, NY- Public Psychiatry Fellowship
Dr. Luana Habtom- Locum Tenants Position, Hawaii- Inpatient Attending
Dr. Jenna Margolis- New York University, NY- Child and Adolescent Psychiatry Fellowship
Dr. Sumaiyah Sadaf- Outpatient Telepsychiatry Practice, IL
Dr. Jordan Schwartzberg- Mount Sinai Manhattan, NY- Consultation Liaison Fellowship
Dr. John Sobotka- Rutgers University, NJ- Forensic Psychiatry Fellowship
Dr. Zijie Su- Outpatient Psychiatry Practice- Montana
Dr. Alice Wong- Outpatient Psychiatry Practice- California

Class of 2020
Dr. Meghaa Bhargava- Mount Sinai Manhattan- Child & Adolescent Psychiatry Fellowship
Dr. Benjamin Fey- Attending Psychiatrist- Maimonides Medical Center, Brooklyn NY
Dr. Jenna Hartman- Mount Sinai Beth Israel, NY- Addiction Psychiatry Fellowship
Dr. Domantis Mikonis- Attending Psychiatrist- Marshfield Clinic, Eau Claire WI
Dr. Alejandro Ramirez- Attending Psychiatrist- Maimonides Medical Center, Brooklyn NY
Dr. Rodney Uy- Attending Psychiatrist- Southern California Kaiser Permanente, Lancaster, CA
Dr. Sanya Virani - Yale School of Medicine- Addiction Psychiatry Fellowship 2020-2021
Brown University- Forensic Psychiatry Fellowship 2021-2022

Class of 2019
Dr. Camila Albuquerque Brito Gomes- Attending Psychiatrist, Maimonides Medical Center
Dr. Navjot Brainch- Mount Sinai-Beth Israel, NY-Addiction Psychiatry Fellowship
Dr. George Chahine –Yale University, New Haven, CT-PGY 4 Residency Program
Dr. Ekaterina Hossny-Attending Psychiatrist, Coney Island Hospital, Brooklyn, NY
Dr. Richa Kalra-Global Mental Health, India
Dr. Faith Laurel- Albert Einstein School of Medicine, Bronx, NY- Forensic Psychiatry Fellowship
Dr. Patricia Paparone-Mount Sinai Hospital, New York, NY-Psychiatry Consultation Liaison Fellowship
Dr. Patrick Schule-Attending Psychiatrist, Butler Hospital, Providence Rhode Island
Dr. Sophie Weinberg- Nassau University Medical Center-Child and Adolescent Psychiatry Fellowship
Dr. Tianxu Xia-Yale New Haven Hospital, Hartford, CT-Clinical Fellowship in Behavioral Neurology/Neuropsychiatry Fellowship

Class of 2018
Dr. Eli Bader – Beth Israel-Mount Sinai, NY- Consultation and Liaison Fellowship
Dr. Mashal Khan- Mount Sinai West, NY- Addiction Psychiatry Fellowship
Dr. Andrea Mendiola –Yale, CT- Public Psychiatry Fellowship
Dr. Sophia Mikityanskiy- Attending Psychiatrist, Maimonides Medical Center, Brooklyn, NY
Dr. Douna Montazeralghaem- University of Cincinnati, OH- Forensic Psychiatry Fellowship
MEDICAL STUDENT ELECTIVE PROGRAM IN PSYCHIATRY

The Department of Psychiatry at Maimonides Medical Center is an outstanding atmosphere to present senior medical students a comprehensive outline of the spectrum of the field as practiced in a community hospital. We have an inpatient psychiatric unit with a capacity of 70 beds, and an active emergency department that presents a variety of psychiatric cases.

This elective rotation is for fourth-year medical students interested in pursuing a career in psychiatry. It is a four-week experience in the management of psychiatric illnesses in the community.

Students will act in the capacity of a junior resident with regular patient responsibilities and take part in discussing patient management. They will attend Grand Rounds, Friday Talks and rounds within the psychiatry department.

Students are required to meet with their preceptor at the beginning of the rotation to discuss learning objectives. They are advised to seek and receive preceptor feedback midway through the rotation. We expect that students be professional, punctual and eager to learn during this rotation. These characteristics are imperative for students to get the most out of this rotation.

The schedule varies during the rotation, depending on the location. Students will be informed about different schedules during orientation and are welcome to ask questions pertaining to this at any time during their rotation.

We are committed to providing medical students with the best possible experience. Our program offers the following:

- Personal experience with faculty mentors, fellowship-trained in their respective psychiatric subspecialties
- Opportunities to participate in new and ongoing research projects within the department

The overall goal of this rotation is to provide medical students with a basic understanding of the wide spectrum of psychiatric illnesses in a culturally diverse population and management of these illnesses.

At the completion of this rotation, students should have reinforced certain broad goals, including:

- The ability to obtain information through a psychiatric interview and presenting it as a case.
- The ability to understand perform a mental status examination of patient
- Demonstrate an understanding of the basic processes involved in psychiatric pathology and psychopharmacology
- The ability to develop an appropriate list of differential diagnoses.
- Formulate treatment plans and discuss them with their teams.

“Through good and bad days, I’ve enjoyed the comfort, collegiality, friendship, and wisdom provided by my adopted Maimo family. I’ll move forward proud to carry the Maimonides name with me.
- John Sobotka, MD (Class of 2021)
We currently accept third year medical students from the SUNY Downstate and NYIT-COM. We accept applications for observerships on a case by case basis.

How to Apply for the Medical Student Elective

The Department of Psychiatry accepts fourth-year medical students from U.S. allopathic, osteopathic and Caribbean medical schools. Maimonides Medical Center uses the Visiting Student Application Service (VSAS) to receive visiting student applications. To apply, complete and send us a VSAS application for the psychiatry elective and desired dates. This service is for participating U.S. LCME-accredited schools to use.

For more information on VSAS, visit www.aamc.org/vsas or contact VSAS at vsas@aamc.org or (202) 478-9878. If your school does not participate in VSAS, use the link below for the Maimonides online application.

Apply Online for Undergraduate Medical Education

For additional information, contact:

Tina Marshall, UME - Student Education Coordinator
Phone: (718) 283-7629
Fax: (718) 283-8239
Email: tmarshall@maimonidesmed.org

For additional information, contact:

Amir Matityahu, MD, Director of Pelvis and Acetabular Trauma Reconstruction at San Francisco General Hospital (Alumni Class of 2002 Visiting